

RESPONSE FORM

Name:

Address:

Post Code:

Email:

I enclose a gift of £

(please make cheques payable to Orkney foodbank)

I would like to start a standing order,
please send me a form

giftaid it MAKE YOUR GIFT GO FURTHER!

Please sign below to add an extra 25p to every £1
you give at no extra cost to you

Yes, I pay tax in the UK. Please treat all donations I make or have made to Orkney foodbank for the past four years as gift aid donations until further notice. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I give.

Signed: _____ Date: _____

Please send me more information on
Orkney foodbank

Thank you

Tick if you would prefer NOT to receive further mailings: from us

CONTACT US

Orkney foodbank

Former Jewsons Building

18 Junction Road

Kirkwall

Orkney KW15 1AB

General enquiries

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W www.orkneyfoodbank.org.uk



"A BRILLIANT INITIATIVE"

Mark Hix,

The Independent's Chef of the Year



Orkney foodbank is run in partnership with local churches
facilitated by Kirkwall Baptist Church

Registered charity number: SC016553 | Registered in Scotland



**EMERGENCY
FOOD FOR LOCAL
PEOPLE IN CRISIS**

A project seeded by The Trussell Trust

1 IN 5 PEOPLE ARE LIVING BELOW THE POVERTY LINE IN THE UK

Today in Orkney there are families struggling to put food on the table. For people on low incomes, a sudden crisis - redundancy, benefit delay or even an unexpected bill - can mean going hungry. Every day parents skip meals to feed their children and people are forced to choose between paying the rent and eating. Orkney foodbank provides emergency food and support to local people in crisis.

A GIFT OF FOOD DOES MORE THAN JUST FILL EMPTY STOMACHS

Foodbanks help to prevent family breakdown, housing loss, crime and mental health problems. We also take time to listen and signpost people to further support.

Orkney foodbank is part of The Trussell Trust's UK-wide foodbank network. This helps local churches and communities to open foodbanks, providing emergency food to thousands of people nationwide every year.

www.trusselltrust.org/foodbank-projects

HOW A FOODBANK WORKS

STEP 1



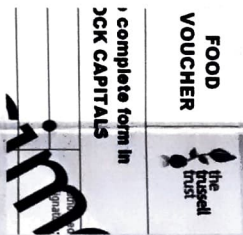
Non-perishable food is donated by the public

STEP 2



Volunteers sort and pack food into emergency food boxes

STEP 3



Frontline care professionals such as doctors and social workers give foodbank vouchers to people in crisis

STEP 4



Foodbank vouchers are exchanged for 3 days of food at a foodbank

STEP 5



Foodbanks take time to listen and signpost clients to further support

ANN-MARIE'S STORY

'We resorted to borrowing a tin of soup from next door to feed our 18 month old daughter. The problems came when my partner got ill and received no sick pay. It was snowing and we were struggling to afford food and heating. In the end the cupboards were bare. I don't know what we would have done without the foodbank.'



CAN YOU HELP?

- > Donate food to your foodbank
- > Give funds
- > Volunteer
- > Hold a fundraising event

- Milk (UHT or powdered)
- Sugar (500g)
- Fruit juice (long life carton)
- Soup
- Pasta sauces
- Sponge pudding (tinned)
- Tomatoes (tinned)
- Cereals
- Rice pudding (tinned)
- Tea Bags/instant coffee
- Instant wash potato
- Rice/pasta
- Tinned wheat/Fish
- Tinned vegetables
- Tinned fruit
- Jam
- Biscuits or snack bars